



Nelson Primary School

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11th May 2021

Dear Parents/Carers,

As a part of your child's educational experience at Nelson we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you may already be aware, the Department for Education has announced changes to relationships and sex education (RSE) following nationwide consultation. These changes came into effect from September 2020 and all schools are required to comply with the updated requirements. The statutory guidance can be found at:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education> (www.gov.uk)

Consequently, from September 2020 Relationships and Sex Education (RSE), along with Health Education is statutory and forms part of the National Curriculum. This means that we have been reviewing our RSE curriculum and policy so we can be sure our RSE provision is appropriate for our pupils at Nelson. During this process we have consulted with the Nelson Parent Representatives, who viewed and discussed the lesson materials.

Schools are legally required to teach the National Curriculum and therefore the content of RSE lessons cannot be changed. The right to withdraw children from Sex Education lessons is explained in the draft Policy which accompanies this letter.

Starting from 7th June 2021, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Reception to Year 6 will be following the Christopher Winter Project.

Lessons will include pupils learning about:

- healthy relationships, including friendships
- families
- growing and changing, including puberty
- personal hygiene
- changing feelings
- becoming more independent
- keeping safe
- developing self-esteem and confidence.

To help you understand the curriculum requirements we have attached the information below alongside this letter which we would encourage you to read. This includes:

- Our proposed draft Policy
- DfE guidance for parents

If you would like more information about this we would encourage you firstly to discuss this with your class/year group Parents Reps. Should you have any further questions or would like to see the resources, a member of the Leadership Team will be available on Thursday 20th May, after school in the Studio.

Yours sincerely,

Miss Lewis

Assistant Head

Nelson Primary School