

**GF=Gluten Free; D=Contains Dairy; G=Contains Gluten E=Contains Egg; V=Vegan SD=Suphur Dioxide**

**WEEK 1 and 5**

Monday	Tuesday	Wednesday	Thursday	Friday
MEAT FREE MONDAY Mixed Penne Pasta with NUTLESS Pesto & Garlic Bread G,D	Ham (Pork) & Cheese Baguette with Salad & Crispy Wedges G, D	Roast Chicken with Roast Potatoes & Vegetables GF (with Yorkshire G,D,E)	Spaghetti Bolognaise with Garlic Bread G	Battered Fish Fillet with Chips & Peas G
MEAT FREE MONDAY Mixed Penne Pasta with Tomato Sauce & Garlic Bread G,D	Cheese Baguette with Salad & Crispy Wedges G, D	Nutless Roast with Roast Potatoes & Vegetables, GF (with Yorkshire G,D,E)	Veggie Bolognaise with Garlic Bread G	Veggie Burrito with Chips & Peas G,D
Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V
Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Carrot Cake G,D,E

**WEEK 2 and 6**

Breaded Chicken with Chips & Sweetcorn E,G,D	Macaroni Cheese & Bacon (Pork) with Salad G,D	Roast Gammon with Roast Potatoes & Vegetables GF (with Yorkshire G,D,E)	Sweet & Sour Chicken with Noodles G,E	Wholemeal based Pepperoni Pizza & Salad D, G
Quorn Nuggets with Chips & Sweetcorn G	Macaroni Cheese with Salad G,D	Quorn Roast with Roast Potatoes & Vegetables GF (with Yorkshire G,D,E)	Sweet & Sour Vegetables with Noodles G,E	Wholemeal based Margarita Pizza & Salad D, G
Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V
Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Flapjacks G,D

**WEEK 3 and 7**

MEAT FREE MONDAY Mixed Penne Pasta with NUTLESS Pesto & Garlic Bread G,D	Beef Lasagne with Corn on the Cob & Salad G,D	Roast Chicken with Roast Potatoes & Vegetables GF (with Yorkshire G,D,E)	Cheese Burger in a Bun with New Potatoes & Salad G,D	Fish Fingers with Chips & Peas G
MEAT FREE MONDAY Mixed Penne Pasta with Tomato Sauce & Garlic Bread G,D	Vegetable Lasagne with Corn on the Cob & Salad G,D	Cauliflower & Broccoli Pie with Vegetables & Yorkshire Pudding G,D,E	Crispy Veggie Burger in a Bun with New Potatoes & Salad G,D	Veggie Enchiladas with Chips & Peas G,D
Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V
Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Jam & Coconut Sponge Cake G,D,E

**WEEK 4 and 8**

Breaded Chicken with Chips & Sweetcorn E,G,D	Spaghetti & Meatballs (Pork/Beef) in Tomato Sauce with Garlic Bread G,D	Roast Turkey with Roast Potatoes & Vegetables G,F (with Yorkshire G,D,E)	Chicken & Vegetable Enchiladas with Rice G,D	Wholemeal based Pepperoni Pizza & Salad D, G
Cheese & Onion Pasty with Chips & Sweetcorn G,D,E	Gnocchi in Tomato Sauce with Garlic Bread G,D	Nutless Roast with Potatoes & Vegetables GF (with Yorkshire G,D,E)	Veggie Tacos with Rice G	Wholemeal based Margarita Pizza & Salad D, G
Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V	Jacket Potato GF, V
Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Fruit, Jelly & Yoghurt D	Chocolate Brownie E,G,D